

HOW TO CHOOSE RUDRAKSHA AND POWER COMBINATIONS?

he most common and traditional way of wearing rudraksha is to buy a mala of five mukhi beads from a good source, ensuring that the beads are of uniform size and color, perform a normal pooja and prayers at home and then wear the mala around the neck. No specialised or expert knowledge is needed for this and thousands of people across the country have been wearing rudraksha in this manner for generations. (The sadhus and sanyasis wear larger beads.) In such cases, the wearer do not know anything about the beads or rudraksha per se, except their belief that the beads are divine, they help in spirituality and are good for health. It has also been the experience that people wearing rudraksha, say from the early age of 24 years, usually do not suffer from blood pressure-related problems or diabetes even though they have no knowledge about the medicinal properties of the beads. However, if we wish to adopt a rational approach to understand about the divine nature of the beads, it is necessary to know that these beads are capable of changing you from within so that you can lead a better life full of confidence and fearlessness. There are several people who wear one single rudraksha of five mukhi and claim that they have been immensely benefited. However, without disputing their claim, it must be pointed out that this type of wearing is not in accordance with the scriptures or as per the

generally accepted procedures. There are different ways to follow in selecting and wearing different rudrakshas in multiple numbers or rudrakshas of various mukhis.

Some of the recommended practices are given below:

1. As per one's expectations: Here, the properties of different mukhi rudrakshas are taken as the basis and depending on the problems or expectations, the suitable rudraksha is chosen. For example, if you need to flourish in business and get wealth, then a combination of seven mukhi (Goddess Lakshmi), eight mukhi (Lord Ganesh) and 12 mukhi (Sun) beads may be selected. The basis of this suggestion is:

Seven mukhi rudraksha is assigned to Goddess Mahalakshmi, the goddess of wealth.

Eight mukhi rudraksha, assigned to Lord Ganesh, is intended to remove obstacles. Usually Mahalakshmi is worshipped along with Ganeshji. Twelve mukhi rudraksha, assigned to Sun, is chosen to develop administrative skills and authority, which are necessary to run a business. Also, this rudraksha helps the wearer to maintain good health.

In addition to this combination, if the person is suffering from high blood pressure, then three mukhi rudraksha (Agni) and five mukhi rudraksha (Kalagni) may be added or a full mala of 54 or 108 smaller beads may be made for wearing in order to increase the contact area over the body and to get better acupressure effects.

In case the person is suffering from blood pressure and/or diabetes, without any other expectations or problems, then five larger Nepali beads (two beads of three mukhi and three beads of five mukhi) can be strung in a mala along with smaller beads.

2. As per horoscope: Usually, this method is followed by priests or astrologers, whereby rudraksha representing a specific planet (or zodiac sign) is recommended for wearing. In such case, there is no stipulation of wearing a minimum of three beads or other combinations. Rudraksha is to be considered like a precious gem and has to be worn exactly like a gem. More information on this, including aspects of rashi, lagna and nakshatra and their correlations in choosing rudraksha, is given in Chapter 8.

3. Numerology: In this method, the selection of beads is done in terms of numbers associated with a person's psyche and his or her destiny. These numbers are then correlated to planets and then the most appropriate rudraksha is recommended. Numbers associated with names are used rarely for choosing a rudraksha. For many, this method gives very good results as horoscope, astrology and numerology are all combined to get the results.

4. Guru prasad: When a Guru or any saintly person offers any rudraksha, it becomes guru prasad and the same should be worn with extreme reverence. However, one can add other bead(s) along with this to fulfill any objective. If, for any reason the bead given by a guru or saintly person is not found to be genuine, never ever mention this to the giver, instead, the bead should be discarded with due respect in a river or sea as fake articles should not be kept at home.

Now, the first three methods of wearing is explained in details herebelow:

Wearing as per expectations

As per our ancient epics, rudraksha showers the blessings of gods/goddesses. These beads are much superior to gems

as they have no side effects and they work with the help of spiritual effects and bio-energy. Selecting rudraksha according to one's problems and objectives is easy, the only pre-requisite being an ability to understand the properties of beads of various mukhis. You may wear several numbers of the same mukhi rudraksha or a combination of different mukhis. For example, if you have a problem of concentration and are not able to focus – in other words, if you have a wavering mind – then you can wear a complete mala of four mukhi rudraksha (27 beads of Nepali origin or 108 beads of Indonesian small-sized beads). Similarly, you may combine seven, eight and 12 mukhi rudraksha to gain wealth through any business activity or through a career in a senior position. (seven mukhi is assigned to Goddess Lakshmi, eight mukhi to Lord Ganesh to remove obstacles and 12 mukhi to Sun to give you immense energy/power to perform)

Some details in this regard are:

Objective	Recommended Rudraksha
Relationship problems within or outside the family	Two mukhi (preferably from Nepal) and/or a Gaurishankar
Life full of obstacles	Eight mukhi, or 11 mukhi, or 19 mukhi
Wavering mind, mental weakness	Four, six, eight or 11 mukhi
If the profession requires oratory skills, artistic presentation, charm (for marketing professionals, leaders, film stars, HRD persons)	13 mukhi (an alternative is six mukhi)

Objective	Recommended Rudraksha
Anxiety, sleep disorders	10 mukhi
Power for administration, authority, physical stamina	12 mukhi
Protection from jealousy, evil eye, black magic	10 mukhi, (for extra power, add nine, 11 mukhis)
Total protection from fear of physical nature, threats, loneliness.	Nine, 10 and 11 mukhis together
For marriage as well as for marital life	Two mukhi (Nepal preferably) good along with Gaurishankar
Victory over adversaries	16 mukhi
Winning in lottery, horse racing speculative businesses, etc.	17 mukhi, 14 mukhi
Education, memory, concentration General health, specifically hypertension, diabetes	Four mukhi and six mukhi
Stomach disorders with three and five mukhis	12 mukhi in combination
New projects, launch of public issues, large stakes in any large venture	18 mukhi
To solve problems related to sicknesses of children	18 mukhi or 12 mukhi
Wealth along with better visualization power	15 mukhi
Siddha meditation, one stop family protection and success in any type of profession	One mukhi to 14 mukhi, Gaurishankar, Ganesh (siddha mala)

Objective	Recommended Rudraksha
Meditation (high level)	One, three, five, nine and 11 mukhi and Gaurishankar
Meditation standard	Five mukhi mala, one mukhi or Gaurishankar
Living abroad, needing protection/Progress	One to 14 mukhi siddha mala or 11 mukhi or a Trijuti
For excellence in any field	14, 17, 19, 20 mukhi or a Trijuti
To get materialistic as well as spiritual bliss and total protection of high order	Indra mala (one to 21 mukhi) with Trijuti

This can at best be a guideline. Depending on one's budget and the analysis of problems and on the basis of priority, one may wear rudraksha initially in small numbers and use lower mukhi less expensive beads before gradually opting for rare and expensive beads.

The details are only illustrative and not exhaustive to cover the entire range of expectations as it is not possible to do so. However, it is strongly advised to understand that the price or rarity of beads has nothing to do with their powers. A cheaper and easily available six mukhi rudraksha may be more valuable and useful to you than higher mukhi rudraksha in terms of your specific needs. It is more so if the usage is for medicinal application. For example, to control blood pressure, a five mukhi rudraksha can be more effective than a 13 mukhi expensive rudraksha.

To help you to understand the logic behind selecting a particular combination, we give herebelow some examples:

a. Recommendation of individual beads

You may read individual bead properties carefully and try to correlate them to your own self so as to fill the lack of a particular aspect, which a particular rudraksha can do for you. For example, if your life is full of obstacles and nothing gets done easily or everything comes to a standstill at the last moment when actually you should have got success, then go for an eight mukhi (Ganesh) and add some additional beads to gain increased self confidence (like nine mukhi or 11 mukhi).

Individual beads can be chosen based on bead properties given in Chapter 2. Typical examples are given as under:

ONE MUKHI RUDRAKSHA

Personal Information and Concern

Spiritual Growth, higher state of consciousness and peaceful life, materialistic detachment.

Reference Information

One Mukhi Rudraksha is the symbol of Godhood, supreme truth and attainment of eternity. This rudraksha enlightens the super consciousness. One Mukhi Rudraksha is the symbol of the Supreme God. It brings the power to concentrate on an object. The wearer of one Mukhi Rudraksha experiences a change in the mental structure and brings beings to concentrate on the Supreme element.

Recommendation

Minimum of 1 Bead of the one Mukhi Rudraksha capped in gold or silver and strung on red thread or metal of choice also the wearing of as many of the one Mukhi as a person chooses to wear on a mala.

Now depending on your budget and availability, choose half moon shape or a genuine Indonesian one Mukhi.

TWO MUKHI RUDRAKSHA

Personal Information and Concern

Better family life and relationships with friends. Need peaceful relationship with family relatives and need to have more friends and maintain friendship.

Reference Information

The two Mukhi Rudraksha is the symbol of ArdhaNareeshwara, a joint image of Lord Shiva and Goddess Parvati as Shakti. It brings unity like the family unity in form, speech and meaning. The wearer's family finds the reverence and faith continuously increasing among themselves. The two Mukhi Rudraksha removes the differences of opinions and establishes unity between the teacher and pupil, the father and son, the husband and wife and friends. The wearer becomes capable of leading peaceful and sacred family life. Choose a Nepal two Mukhi Indonesian two Mukhi of Haridwar/Dehradun two Mukhi in order of purity & preferences.

THREE MUKHI RUDRAKSHA

Personal Information and Concerns

Daily unexplained problems which has destroyed quality of life and happiness causing intense anger, depression, anxiety, mental confusion, subjective fear and guilt, laziness.

Reference Information

Ruling planet Mars

Three Mukhi Rudraksha is the symbol of the God Agni and it purifies everything in the same way. The wearer gets rid of the sins done in past life and returns to a pure life.

It is the best for those who have fallen prey to inferiority complex or fear stricken and suffer from self hatred and mental strain.

FOUR MUKHI RUDRAKSHA

Personal Information and Concerns

Concentration and success in studies and research projects.

Reference Information

Ruling planet Mercury

The four Mukhi Rudraksha Bead is influenced by the creative wisdom of the four headed Lord Brahma. This Rudraksha gives the Wearer creative power and provides him learning and knowledge. All students must wear it. This Rudraksha is beneficial to teacher, scientist, intellectual, artist, writer and journalist. It increases wit and intelligence.

FIVE MUKHI RUDRAKSHA

Personal Information and concerns

High blood pressure, hypertension caused by high emotional tension, memory loss and difficulties remembering, depression, anxiety and diabetes.

Reference Information

Ruling planet Jupiter

The five Mukhi Rudraksha is the form of Lord Rudra named Kaalagni. We can recover our memory and recollect or remember the lost learning only after wearing the five Mukhi Rudraksha. Five Mukhi Rudraksha rectifies all the vices and faults of Jeeva and makes the wearer pure and Jeeva gains the form of pashupati the Lord of all creatures after becoming free from animal instincts. By wearing its Mala the mind of the wearer remains peaceful and as per Shiva Puran the wearer of five Mukhi Rudraksha never gets untimely physical death.

SIX MUKHI RUDRAKSHA

Personal Information and Concerns

Need recognition for supervisory and management skills and success in research, investigation and discovery work. Legal problems, personal relationships.

Reference Information

Ruling Planet Venus

The six Mukhi Rudraksha is the center of the power of Lord Kartikeya, second son Lord Shiva. This Rudraksha gives us learning, wisdom and knowledge and saves us from worldly sorrows. Lord Kartikeya influences the acquisition of leadership qualities and increased energy and courage.

SEVEN MUKHI RUDRAKSHA

Personal Information and Concerns

Business and investment income loss, financial difficulties,

delay in achievements affecting physical health and feeling of hopelessness.

Reference Information

Ruling planet Saturn

Good health is blessed to the wearer of the seven Mukhi Rudraksha. This rudraksha needs to be worn by those suffering from miseries pertaining to body, finance and mental set up. By wearing the seven Mukhi Rudraksha the wearer can progress in business and service and spends life happily. This can be kept in safe, lockers or cash box.

EIGHT MUKHI RUDRAKSHA

Personal Information and Concerns

Difficulty in completing planned organized projects, interruptions in life limiting progress, losing business in contract negotiations, losing debates, feelings of frustration and anger due to lack of progress and problems with obstacles in life that limit freedom of action.

Reference Information

Ruling planet Rahu

The eight Mukho Rudraksha is Lord Ganesha who is worshipped prior to any other God. The wearer becomes unaffected by miseries that are physical, divine or mental. It gives the wearer all kinds of Riddhies and Siddies and leads to Shivloka. The Lord Ganesha Rudraksha also supports and influences clear intellect, gaining knowledge, improving finances and success in action.

NINE MUKHI RUDRAKSHA

Personal Information and Concerns

Persons experiencing unexplained fear, physical, weakness, lack of concentration and depression. Also people willing to increase their spiritual strength and for their protection peace of mind and self-confidence.

Reference Information

Ruling planet Ketu

The nine Mukhi Rudraksha is the form of Goddess Durga. The worshippers of the supreme power Shakti must wear this Rudraksha. This Rudraksha is the shield of Durga that protects against anything and everything that might harm the wearer. This is one of the most important Rudraksha for Women as nothing can destroy the shield of Goddess Durga.

The Goddess Durga nine Mukhi Rudraksha increases self power and makes the wearer fearless. By wearing the nine Mukhi Rudraksha the wearer get the Blessings of Shakti the supreme mother and also gets endurance, bravery courage and name and fame spreads all around. Devotion to God increases and will power is strengthened.

TEN MUKHI RUDRAKSHA

Personal Information and Concerns

Need to pacify planetary influences from all nine planets. To nullify effects of jealousy, legal problems evil eye and insomnia.

Reference Information

Held to control all planets

The ten Mukhi Rudraksha contains the influence all planets and ten directions. Lord Vishnu becomes happy with the person who wears it. It is useful in pacifying nine planets. All sins done by the human organs are destroyed by wearing it.

ELEVEN MUKHI RUDRAKSHA

Personal Information and Concerns

Lack of self confidence, instability in business, fear of unknown, poor in diplomacy.

Reference Information

The Lord Human eleven Mukhi Rudraksha helps the people by removing the obstacles in yogic practices. It is an effective and successful Rudraksha. It makes the wearer strong and without disease. It also help in practicing meditation and religious rituals wearer gets stability in business or profession.

TWELVE MUKHI RUDRAKSHA

Personal Information and Concerns

Specific problem in life resulting in lack of recognition and respect in the work place, lack of personal relationship and friends, limited prospects for the future, lack of exciting and fulfilling life, lack of financial advancement and boredom.

Reference Information

The twelve Mukhi Rudraksha blessed by Lord Sun is the center of brilliancy, luster, radiance and strength. By wearing it there will be no worry, fear or suspicion. It gives the wearer

money, knowledge, riches and all the earthly pleasures. The wearer gets administrative capacity limitlessly with the quality of the sun to move continuously with brilliant radiance and strength.

THIRTEEN MUKHI RUDRAKSHA

Personal Information and Concerns

Leadership power, name and fame, attraction. Excellence in fine arts, writing and oratory.

Reference Information

The thirteen Mukhi Rudraksha is the form of Lord Indra and Kamdeva.

The Rudraksha fulfills all the earthly desires and gives eight accomplishments or Siddhies. The god cupid Kamdeva is pleased with the wearer and fulfills all the worldly desires. It improves oratory power, charm and convincing power. It also helps in improving sexual performance.

FOURTEEN MUKHI RUDRAKSHA

Personal Information and Concerns

Need Rudraksha to wear for future sight, improve visualization and also meditation.

Reference Information

The fourteen Mukhi Rudraksha pleases Lord Shiva and gives the wearer power to see the future. It is the most precious divine thing known as Deva Mani. It awakens the sixth sense by which the wearer foresees the future happenings. Its wearer never fails in decision and gets rid of all the calamities, miseries and worries. The fourteen Mukhi

Rudraksha provides the wearer with safety and riches.

GAURI SHANKAR

Personal Information and Concerns

Marriage, family problems meditation and emotional stress.

Reference Information

A Gauri Shankar is a two naturally joined Rudraksha. This Rudraksha is the unified form of Lord Shiva and the Goddess Uma. This form becomes the cause of expansion of the universe providing fertility. It makes the husband and wife identify each other. Therefore it is considered the best thing for peace and unity in the family. It is a powerful for meditation also.

GARBH GAURI SHANKAR

Personal Information and Concerns

Difficulties in conception and possibly full term delivery.

Reference Information

Garbh Gauri Rudraksha is a form of Gauri Shankar where one bead is smaller than the other and it is recommended for those women who suffer defects in their conception and are prone to abortion.

b. Power combinations

Some people believe that only one type of rudraksha should be worn and different mukhis should not be mixed. For example, you may wear 27+1 beads of six mukhi only and not a combination of different mukhis. One person, who is known for a lot of controversial commercial actions of a well

known institution, has even called the combination a “cocktail”. This is not correct as our epics say that various mukhis should be procured with efforts and worn. The experience of thousands of people is a testimony to the fact that any combination which suits individual requirements can be worn.

There are several combinations possible with 23 types of rudraksha (one to 21 mukhis, Gaurishankar and Ganesh) by taking into consideration various factors such as:

Personal problems

Family problems

Professional problems

Health related issues

Horoscope influence (for believers)

External factors like jealousy/evil eye etc

Inherited mental setup

Legal issues

It all depends on the individual trying to choose his/her combination or on the person who recommends a suitable combination for him/her as to what factors are getting the priority and what are their own experiences of different rudrakshas. For example, someone will say 11 mukhi rudraksha has been amazingly useful for him in life or a six mukhi has been continuously giving good results. This has led to a strong build-up of faith in favor of rudraksha with certain mukhis and there can never be a unanimous view in this diversified world and with so much variable factors.

Even then, based on the vast experiences and pool of information, certain defined power combinations have been in use since the last several years. (Fig. 38)

Some of the details and the related benefits are as follows:

1. UNITY COMBINATION

Two beads of two mukhi and one bead of Gaurishankar, when used in a three-bead combination, is called Unity Combination (Ekta Bandh). This combination helps in the removal of differences of opinion among people and bring them closer to each other emotionally and thought-wise. It is good for family life, to improve relationships between the wearer and others (especially for married couples) and to improve relationships in the outside world with friends and colleagues. Although it is recommended that both the parties should wear to improve relationships, even one person, who wears this combination, will get the benefits as he or she is able to influence others.

The two mukhi beads preferred in this combination are the Nepal varieties. Since these beads are rare and expensive, one can settle for Haridwar/Dehradun variety beads also. The Gaurishankar may be from Nepal or Indonesia.

2. MOON BRACELET

Nine beads of two mukhi rudraksha preferably with pearls and silver spacers) make this bracelet to be worn on right hand. It pacifies malefic effects of planet Moon and as such controls anger and emotional behaviour. Those desiring calmness, peace of mind and harmony in family should wear this.

3. DURGA BRACELET

This bracelet has a nine mukhi (Durga) rudraksha with sphatik beads and two or four five mukhi small-sized rudraksha

beads. This is worn on the left hand. The wearer becomes free from tensions generated within the family due to health problems of the family members, education of children, worry about husband's or wife's welfare and stress due to insecurity within the family life. The wearer gets energy, dynamism, fearlessness and mental strength.

4. SARASWATI

Two beads of four mukhi (Brahma) and one bead of six mukhi (Kartikeya) makes a Saraswati combination. It is useful for children to get concentration in studies, enhancement of memory and for good expression skills in writing or oral presentation. This three-bead combination has helped thousands of students to make a bright career. If a child is seven years or lower in age, then he/she can be given only one bead of four mukhi. For those above this age, the full three-bead combination can be used.

5. SWASTHYA

This combination is for those who do not wish to wear a full mala of smaller beads and want to maintain good health and protect themselves from general diseases. Usually, minor blood pressure problems or diabetes of initial stages can be controlled by using this five-bead Swasthya combination. It consists of two beads of three mukhi and three beads of five mukhi. To improve performance of this five-bead combination, many people get it attached to a five mukhi mala of smaller beads so that they are able to get a good coverage over the chest. Usually the Swasthya combination is used along with water therapy described in this chapter for better results.

6. DOSH NIVARAN

This combination is highly effective to rectify any Vaastu defect in the residential or commercial premises, or to nullify the ill-effects of jealousy, black magic, evil eye or any planetary bad influence. It consists of one bead of 10 mukhi strung in sphatik beads with a mercury ball (optional) attached to it at the bottom. This can be hung on the ceiling at any place without any hindrance to it and free area around it. It also helps in keeping the temperaments of people living in the house cool and the atmosphere remains very peaceful. Sometimes, a 12 mukhi rudraksha is used in place of 10 mukhi. This can be a good alternative for neutralising planetary effects.

7. PROTECTION COMBINATION

A combination of nine, 10 and 11 mukhi rudrakshas is recommended to remove fear of any kind and to instill confidence to face all adverse situations bravely. This can be fear of ghosts or lack of confidence or threats of physical assault. The beads can be worn on the left hand or around the neck. Sometimes, a few mercury beads are added to this combination to ward off evil effects created by opponents.

8. AJNA CHAKRA

This is a 14 mukhi rudraksha to be worn on the head touching the middle portion between the eyebrows or worn around neck. The 14 mukhi rudraksha is a powerful bead, also known as Dev Mani. It neutralises the effects of Sade Saati and also improves visualization power.

9. NAVAGRAHA SHANTI

This is a combination of three, five, 10, 11 and 12 mukhi rudrakshas to be worn around the neck. 10 and 11 mukhi rudrakshas remove negative planetary effects, while three and five mukhi rudrakshas remove negative effects of bad karmas committed and 12 mukhi rudraksha gives the confidence to look forward in life using the untiring power of the Sun.

10. DHYAN YOG

These combinations are for meditation purposes. There are different malas and combinations popular among people:

- a. A simple five mukhi mala of 108+1 or 54+1 or 27+1 beads (most common being 108+1).
- b. A five mukhi mala having one Gaurishankar at the top and one mukhi at the meru (Total number of beads including Gaurishankar and one mukhi should be 108+1).
- c. A five mukhi rudraksha mala having the following beads: three, five, nine, 11 mukhis, Gaurishankar and 1 mukhi. This is known as Dhyan Yog mala as it covers all the aspects required for better concentration and meditation like good health (three and five mukhi), fearlessness (nine and 11 mukhi), identification with God (Gaurishankar) and Shiva's blessings (one mukhi). All these beads are strung in a five mukhi smaller bead mala, the total number of beads being 108+1, including large and small beads.
- d. A 32 or 32+1 bead Kantha of large-sized Gaurishankar beads is used by sanyasis or those fully dedicated to spiritual work. While meditating, these people wear this kantha and manasik (silent) japa is carried out while

counting is done with the small-sized beads strung in another mala. This combination is not recommended for family persons. At best it can be kept in a pooja place.

- e. Higher level of meditation is done by using 14 mukhi rudraksha tied on the head keeping it at the Ajna Chakra and counting of the mantra using a mala of either five mukhi or 2 mukhi rudrakshas. It is useful for kundalini awakening, by combining the meditation with Pranayams and going upwards with chakras.

11. MOHINI POWER

A combination of two beads of six mukhi and one bead of 13 mukhi rudrakshas is used to increase affability and to become acceptable to the masses or to one's own near and dear ones. It is known as Mohini combination. Indra and Kaamdev (Cupid) are the ruling gods for 13 mukhi and Kartikeya rules the six mukhi. It can be used either for physical attraction or to increase likeability from within. This combination is very popular with young couples or those who are artists, actors, anchors or leaders. Professionals with marketing responsibilities or in HR may also find it useful.

12. VICTORY COMBINATION

Those who are fighting legal cases or involved in property or any type of disputes or those facing serious competition while marketing their products, find this combination very useful. It has one bead of 10 mukhi, one bead of 11 mukhi and one bead of 16 mukhi. The jai rudraksha having 16 mukhis can defeat the adversaries and bring in victory while offering full protection through 10 mukhi (Vishnu) and 11 mukhi (Hanuman).

13. BUSINESS COMBINATIONS

For achieving success in business, the combination of seven mukhi (Mahalakshmi) and 8 mukhi (Ganesh) rudrakshas are used. Some people wear only a Ganesh-Lakshmi combination consisting of two beads of seven mukhi and one bead of eight mukhi. In other cases, depending on the type and nature of businesses, one seven mukhi and one eight mukhi along with additional beads as given below are also used:

nine mukhi for working women.

10 mukhi for those lacking in direction or wishing to change their line of business. 10 mukhi rudraksha also helps those facing lot of hurdles or are also susceptible to evil eye or feel they are haunted by black magic.

11 mukhi for stability in business and for traders.

12 mukhi for those having manufacturing activity or construction/property business. 12 mukhi is worn singly also as Surya pendant and is believed to protect the wearer from various diseases. It will also bring in success in business.

13 mukhi for those engaged in marketing/brokerage work/any business related to art. If someone is persuing a political career, then 13 mukhi is useful.

14 or 15 mukhi for those engaged in speculative business like share market, property market, import-export, recruitment or anyone in senior and responsible position.

17 mukhi for those awaiting for an opportunity to acquire properties or finance and those wanting success to occur immediately.

18 mukhi for those involved in large projects, or for safety of children.

19 mukhi for highest level of competitions, against black magic and jealousy.

20 and 21 mukhis for achieving highest level of success and fame.

There are three other combinations using multiple rudrakshas, which are used to achieve all round success and can be used by any one engaged in business or profession:

Mangal Mala

Rudraksha from one to 10 mukhi, Gaurishankar and Ganesh are used in this combination. With 10 mukhi as the lead bead, this mala offers protection against enmity, competition, black magic etc. Seven and eight mukhi rudrakshas offer prosperity and remove obstacles and nine mukhi rudraksha makes one fearless. Mangal mala is used for general welfare of self.

Siddha Mala

All rudrakshas mentioned in our scriptures, from one to 14 mukhis, Gaurishankar and Ganesh are used to make this extremely powerful and popular combination. A siddha mala is considered as one-stop solution for most of the general problems one encounters in day-to-day life like obstacles, stress, fear, legal issues and family problems. The 14 mukhi in this mala improves the visualisation power so that wrong decisions are not taken and one can judge what type of people one is dealing with. Safety of self and entire family is provided by this powerful combination. In Shiva Puran, Lord Shiva says that one who wears all the beads (from one to 14 mukhis) becomes full of Shaivatva.

There are several designs possible for this type of mala. The beads can be in ascending order, that is, from one mukhi to 14 mukhi and at the bottom a Gaurishankar can be used; or all even number beads (two, four, six, eight mukhi etc.) can be on one side and odd numbers (one, three, five, seven, nine, etc.) on the other side with Gaurishankar in the centre (Fig. 39).

Some of the designs use a Ganesh rudraksha after every mukhi bead. If there are 15 beads in the mala from one to 14 plus a Gaurishankar, then 14 Ganesh rudrakshas are used, one after each bead.

In a siddha mala, one can use small beads around neck and the bigger beads at the lower end, or use all bigger beads as illustrated in various designs of this mala.

A siddha mala should preferably be worn touching the body or it should be kept at the place of worship at the feet of Lord Shiva's statue or near the Shivaling. The mala can be worn by the worshipper during his/her meditation and as long as required and then kept back again at the pooja place.

Sidha mala can be made in wool or any metal like copper, silver, gold or panch dhatu. It is a very precious possession a family can have and should be regularly energized using the ritual of abhishek or by chanting of mantras dedicated to Lord Shiva or using the seed mantras and following the worshipping procedure given in Chapter 9.

Indra Mala

Indra or Indrakshi mala is the rarest of all malas, which can be made, acquiring all possible beads from nature. It has one to 21 mukhi, Gaurishankar and Ganesh beads. A trijuti is also

added, if available, but is not compulsory (Fig. 40). It is said that the wearer of indra mala can fulfill all of his/her desires – both materialistic and spiritual.

All negativities, as a result of jealousy, evil eye, ghosts or from the fear of unknown get removed by using this mala. It gives blessings of all Gods whether in incarnation form (Sagun) or in the Brahma Swaroop (Nirgun).

As per one unofficial survey done in the year 1989, there were only five such malas in the world, one of which was outside India. Another estimate is that up to the year 2006, there were 25 such malas in the whole world including India. The estimate is based on availability of 20 and 21 mukhi rudrakshas from Nepal, which were traded each year. There is no statistical data of traditionally-owned malas of this type, which surely existed in few well-off families. Indra mala made from Indonesian beads exist in larger numbers.

An ideal indra mala is made with total of 108 beads, out of which one to 21 mukhis, Gaurishankar and Ganesh make up for 23, while the rest should be five mukhis. It is believed that 108 types of Gayatri in different forms reside in this mala and is therefore divinely powerful. A mala of 27+1 beads is also popular, and here, other than 21 beads (1 to 21 mukhis), a Gaurishankar and Ganesh, five beads of any mukhs are added.

Indra mala can be worn or kept at the place of worship and due care should be taken to maintain it in view of the rarity of the beads. For example, all beads should be firmly fastened with wires or thread and preferably capped using silver or gold for protection of the beads at their mouth or tail. Monthly cleaning of the beads and application of oil as

described for bead maintenance should be strictly followed, if the mala is being worn. If it is being kept at pooja place, then keep some camphor near the mala and make the place insect-free.

As people who can afford this type of mala are either from the rich class and/or are deeply devoted to Lord Shiva, it is difficult to get a clear opinion as to what this mala does after one wears it! Our experience is that only spiritually inclined and pious people or really rich people go for such investments and they get full return for this in terms of protection, name and fame. People attach several mystical stories to this mala but they may not be entirely correct. However, it is true that those who possess these beads and either wear them or keep them at pooja place with devotion, always retain their top positions in their business or profession.

Following set of seed mantras may be used to charge and worship this mala:

One mukhi	:	Om Hreem Namah
Two mukhi	:	Om Namah
Three mukhi	:	Om Kleem Namah
Four mukhi	:	Om Hreem Namah
Five mukhi	:	Om Hreem Namah
Six mukhi	:	Om Hreem Hum Namah
Seven mukhi	:	Om Hum Namah,
Eight mukhi	:	Om Hum Namah
Nine mukhi	:	Om Hreem Hum Namah
10 mukhi	:	Om Hreem Namah Namah
11 mukhi	:	Om Hreem Hum Namah

- 12 mukhi : Om Kroam Kshoam Roam Namah
 13 mukhi : Om Hreem Namah
 14 mukhi : Om Namah
 Gaurishankar and Ganesh: Om Namah Shivaya

Higher mukhi and special rudrakshas can be worn using Panchakshari mantra or Mahamrityunjaya mantra. In some books, special mantras have been mentioned for these:

- 15 mukhi : Om Haim Sum Hreem Aim Om
 16 mukhi : Om Vaam Kram Taam Hlaam Aim Shreem
 17 mukhi : Om Hlaam Kraam Kshaum Swaha
 18 mukhi : Om Hleem Shreem Kleem Saum Aim
 Hreem
 19 mukhi : Om Hum Sum Aim Hreem Shreem
 20 mukhi : Om Gyam Gyeem Lum Um aim
 21 mukhi : Om Heem Heem Heem Shreem Shreem
 Shreem aim

INDRAKSHI STOTRA

Namo Devi Indrakshi srushti sthiti karini
 Namah kamal patrakshi sarvadhare namostute
 Savishwa tajjas praagya viraat sutratnike namah
 Namu vyakrat rupaye kootsthaye namo namah
 Durge sargadi rahite dushta sanrodhanargale
 nirargal prem gamye bharge devi namostute
 Namah shree kalike matarnamo neel saraswati
 Ugrataare mahogrey tai nityamaiva namo namah
 Namah peetambare devi namastoipursundari
 namo bhairavi maatangi ghoomavati namo namah
 Chhinamaste namostute ksheersagar kanyake

Namah shaakambharee devi namaste rakta dantike
 Nishumbha shumbha dalinee, raktabeej vinaashini
 Dhoomralochan ninaarshe vritrasur nivarhini
 Chandmund pramathini daanavaantkare shive
 Namaste vijaye gange, sharade vikachaachane
 Prithvi rupe daya rupe taijorupe namo namah
 Praan rupe, maha rupe bhoot rupe namostute
 Vishwa moorte daya moorte dharma moorte namo namah
 Dev moorte, jyoti moorte, gnan moorte, namostute
 Gayatri varde devi saavitri cha saraswati
 Namah swahe swadhe matardakshine te namo namah
 Naitnaiteeti vakyerya boadhate sakalaagamaih
 Sarvapatyak swaroopam taam bhajaamah pardevataam
 Bhramarair vashtikaa yasmaad bhraamari ya tatah smrahta
 Tasyai devayai namo nityam nityamaiva namo namah
 Namaste parshvayoh prushthe namaste puratombike
 Namah urdhav namashchadhah sarvatraiva namo nahah
 Kripaam kuru mahaadevi manidwipaadhi vaasini
 Anant koti brahmaand nayakai jagadambikai
 Jaya devi jaganmatarjay devi paraatparai
 Jay shri bhuvanashaani jay sarvottmooottame
 Kalyaan gun ratnaamaakarai bhuvaneshwari
 Praseed pameshaani praseed jagtoranai
 Dinakar poonamaanandam parmaanand maarateem
 Namaste maatararidrakshi nityamaiva namo namah